



**NSPDK  
NATIONAL NEWSLETTER  
MARCH 2021**

***We've come a long way, or have we?***

An African American woman wears two prominent visible badges of honor that identify who she is. First, she is Black which is a matter of heritage as manifested by the variety of hues representing her skin color, and second, she is a woman which is a matter of gender and physical characteristics. Neither can be denied or disclaimed. Over the many years of civilization women have suffered abuse because of one or both at various times throughout history.

Recently, within the past two years, the hatred toward African Americans has ascended to the height of openly expressed and demonstrated discrimination, cruelty, hatred, brutality, and malice. The majority of these actions are usually directed toward Black men, but because the African American woman is a part of the African American race, she is not exempt from the crossfires of discrimination. I would venture to say that every woman reading this article can share an example of such a prolific moment in “Her-story.”

After graduating from college with a degree in business I interviewed for a job at a major Wall Street Company in Chicago and was told by the manager that although I had the skills and qualifications the company could not waste money on “training a woman of child-bearing age.” That incident happened many years ago, however, some companies still have the same unwritten and unvoiced policies as it relates to hiring and advancing women, especially African American women.

Yes, it is 2021 and many glass ceilings have been broken with the advancement of African American women in the workplace, known and unknown. We are proud of African American women who are making and telling Her-stories of yesterday and today, and dreams of the future: Shirley Chisholm, First Woman United States Presidential Candidate; Kamala Harris, First Woman United States Vice President; Amanda Gorman, Youngest Poet Laureate in U.S. History. There will continue to be African American Women firsts who will make major advancements and shatter the seemingly impossible. This will be done because of you, the dedicated teachers who provide the foundation for African American students, male and female, to excel in all areas, without exception.

Be blessed.

## Moving NSPDK Forward...Together!

Etta F. Carter, Ph.D.  
26<sup>th</sup> Supreme Basileus  
nspdksupreme@gmail.com





Dear Lord,

Thank you that your love is so personal, that you created me, and that there is only one of me. You set your eyes on me from the beginning. You created me with a purpose and you promise to work out all the plans you have for my life.

Thank you that you are a faithful God. That all throughout Scripture, time, and time again, you showed your faithful love to your people. Lord, remind me in moments of doubt, that you will never abandon me, for I am your unique workmanship. I am yours. I am your creation.

Lord, help me to not compare myself to others. You created me, just as I am, and you view me as your masterpiece. Help me to see myself the way that you see me, not as the world sees me. Remind me that you have given me everything I need to work out the plans you have set before me. Help me remember that if you have called me to it, you have also equipped me for it.

Thank you for your Word as my guide, the "lamp unto my feet" (Psalm 119:105), and for the Holy Spirit as my "Helper" (John 14:26). Allow us to rest in the confidence that you will finish what you began in us. We worship you, Lord, praising you for your everlasting love for us.

In Jesus' Name,

Amen

Submitted by Soror Brenda Jackson  
M-A-L Southeast Region-Psi Chapter

# National Sorority of Phi Delta Kappa, Inc.



Dr. Tonya Chestnut  
National Chaplain



Dr. Etta Carter  
Supreme Basileus

## 2nd Sunday Monthly Prayer Call

6:00 p.m. CST

Click on Zoom Link in Message for Video

Audio Dial In- 1-312-626-6799 or 1-346-248-7799

Meeting ID-865 4028 4084

Hosted by Regional Chaplains:

Sandra Crockett (SW), Maggie Burnes (MW), Debra Moody (FW), Jerrie Foster (SE) & Naydene Williams (E).

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JOIN US  
W.A.I.T. TIME



WOMEN ANCHORED IN TRUST







## National Pi Day – March 14, 2021



Pi Day is on March 14, and any day that combines fun, education, and pie is a day worth celebrating! Pi, also known by the Greek letter “π,” is a constant value used in math that represents the ratio of a circumference of a circle to its diameter, which is just about 3.14....15...9265359... (and so on). Not only that, but the fourteenth of March is also Albert Einstein’s birthday, so all together it’s nothing short of a mathematician’s delight.

## St. Patrick's Day – March 17, 2021

Unless you’ve been living under the Blarney Stone you already know that March 17 is St. Patrick’s Day. It’s the one day each year that everyone and anyone calls themselves Irish – if not by birthright, then in spirit. If you have been living under the Blarney Stone, lucky you! We bet you can share a thing or two about how a religious feast day commemorating the famed Irish patron saint who brought Christianity to Ireland ended up being a day celebrated almost globally. St. Patrick’s Day is celebrated in more countries around the world than any other single-day national festival, largely due to America’s enthusiasm for what many consider a holiday, although it is not an official holiday in America.



## World Poetry Day – March 21, 2021



“How do I love thee? Let me count the ways.”

Writer Elizabeth Barrett Browning dedicated this iconic poem to her husband Robert Browning, but her famous sonnet could just as easily declare love for poetry itself. We can all do that March 21 on World Poetry Day.

The United Nations Educational, Scientific, and Cultural Organization (UNESCO) founded this day in 1999 to “give fresh recognition and impetus to national, regional and international poetry movements.” The group hoped to inspire the celebration of poetry all over the world, encouraging reading, writing, and teaching.

Poetry uses rhythms and imagery to elicit emotion and the imagination of the reader. Poetry can rhyme, using

what are called meters of long and short syllables. Some poetry, written in what’s called “free verse,” doesn’t employ rhyme or meters. Poems are broken into stanzas, which are like paragraphs, and can be up to twelve lines long. We believe the first known poem appeared 4,000 years ago in Babylon. Today countless types of poems are available to enjoy, including haikus, limericks, sonnets, and ballads.

## Irish American Heritage Month March 2021

March is Irish American Heritage Month, a chance for us to tip back a Guinness and contemplate the Irish blood that flows through the heart of America; From John F. Kennedy to Brad Pitt, some of the most famous, prolific, and influential Americans are of Irish descent. March is our opportunity to reflect upon this heritage, learn more about it, and celebrate what is a unique and brilliant strand of history.



## Multiple Sclerosis Awareness Month – March 2021



Every March is Multiple Sclerosis Awareness month, a time for sufferers, family members, and supporters to share information, sympathy, and camaraderie, drawing attention to this disease of the central nervous system. If you're not familiar, Multiple Sclerosis (MS) happens when one's immune system attacks the nerve cells and renders them unable to properly transmit information, causing balance issues, weakened vision, fatigue, and other unpredictable symptoms. Approximately 2.5 million people worldwide suffer from multiple sclerosis. The cause is unknown, and there is no definitive cure as of this writing. However, there are many effective treatments, so those afflicted with MS should not lose hope. This month is all about raising

awareness, educating wider society, fundraising, and getting behind those scientists that seek to advance our understanding of MS.

## National Kidney Month – March 2021

March is dedicated to National Kidney Month. The kidneys, two bean-shaped organs located in the back of the abdomen, perform crucial functions to filter out toxins, produce red blood cells, and regulate pH. They filter about half a cup of blood every hour, creating urine from harmful and unnecessary waste.

When kidneys fail to function properly, waste builds up in the blood and leads to a weakened system and a host of problems like anemia, nerve damage, and high blood pressure. Chronic kidney disease (CKD) affects more than 1 in 7 American adults and is the 9th leading cause of death in the U.S.

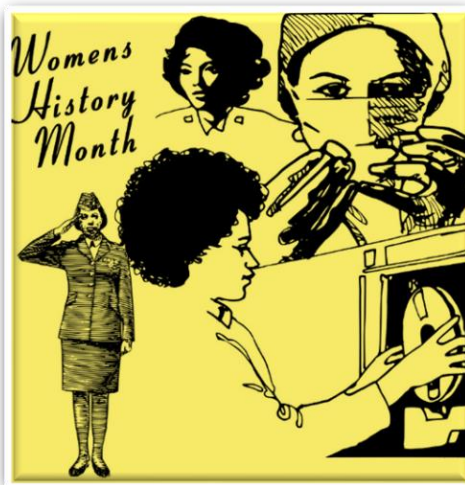


## National Music in Our Schools Month – March 2021



With the continual threat of budget cuts, it's important now more than ever to recognize the significant influence music education has on school-aged children. The first National Music in Our Schools month took place in New York back in March 1973, and it's been growing in popularity ever since. We recognize the importance of music education, so join us as we celebrate this important cause. Get your kazoos ready; we've gathered up some awesome ways to get your groove on and enjoy the influence of music in our schools.

## National Women's History Month – March 2021



During the month of March, we give a little extra attention to all of the amazing accomplishments of strong, determined women. Since 1987, the United States has formally recognized March as National Women's History Month. Every woman has a story to tell and gifts to share with the world. So, get ready, because this month is about honoring magnificent ladies, and we are ready to celebrate it to the fullest.





We celebrate Vice President Kamala Harris, the first female and person of color to be elected Vice President. Admire the honorable Mayor of Atlanta, Keisha Lance Bottoms, the second female mayor in the city's history. Applaud Stacey Abrams, Founder of Fair Fight Action voting rights advocacy organization and credited with registering more than 800,000 Georgia voters. They and many other African American women from the past and present too numerous to name are true history makers who deserve our praise and thanks during Women's History Month.



**VICE PRESIDENT KAMALA HARRIS**



**HONORABLE KEISHA LANCE-BOTTOMS**



**STACEY ABRAMS**

**WOMEN'S HISTORY MONTH- NSPDK, INC. SORORS**



**SHIRLEY CHISHOLM**  
**(1924-2005)**  
**First African American Female**  
**in Congress**



**DR. SHIRLEY WEBER**  
**California Secretary of State**



**DR. TANYA CHESTNUT**  
**Alabama State Board of Education**



The first and only African American woman to serve as First Lady, Michelle Obama continues to be a powerful voice with her podcast and deal with Netflix to produce films and documentaries focused on race, class, democracy, and more.



Amanda Gorman made history as the nation's first-ever youth poet laureate in 2017 and as the youngest inaugural poet at 22 years old. The poem Gorman recited for the Inauguration titled "The Hill We Climb" called for strength and bravery.



Marsai Martin, star of *Black-ish*, is the youngest executive producer in Hollywood. She completed her 2019 film *Little* when she was just 14 years old and was honored by the Guinness World Records for this achievement.



We can thank Dr. Corbett for one of the biggest breakthroughs in 2020: developing the Moderna COVID-19 vaccine. The 35-year-old viral immunologist and research fellow in the National Institute of Health's Viral Pathogenesis Laboratory led the team that designed the vaccine within two days of the virus being discovered.





Throughout her journalistic career, Joy Reid has always delivered hard-hitting news, whether on TV, radio, or in various national publications. With the debut of her show "The ReidOut," in 2020, Reid became the first Black woman to host a prime-time cable news show.



Journalist Kristen Welker works as a White House correspondent for NBC News. She made headlines during the final presidential debate between Donald Trump and Joe Biden as the first Black woman to moderate since Carole Simpson in 1992.

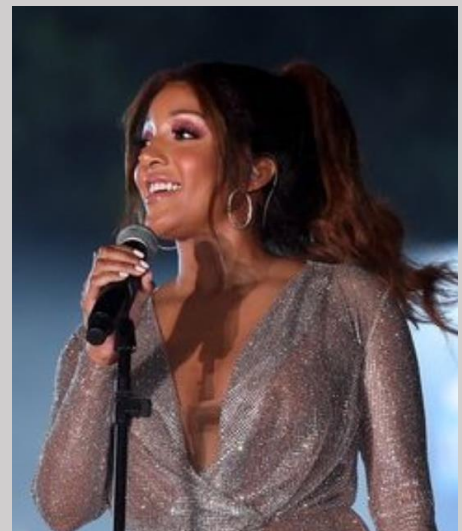


Not only is Lizzo a singer, rapper, songwriter, and an instrumentalist, but the superstar is also an advocate for body positivity and inclusivity. She is known for flaunting her curves and figure unapologetically to help normalize "big" bodies. Lizzo was the November cover star of Vogue, where she noted she was the first big Black woman to grace the cover.

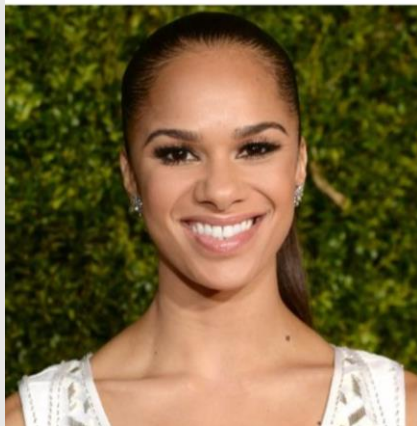


U.S. Women's Artistic gymnast Gabby Douglas is an Olympics all-star. Her history making moments include becoming the first Black woman to win gold in the individual all-around and team competitions at the 2012 Olympics. Her win in the Individual All-Around competition that year was also the first by a woman of color.

Singer Mickey Guyton made history twice at the American Country Music Awards. In 2016, she was the first Black woman to be nominated for an ACM, and in 2020 she became the first Black woman to perform at the award show.



Photos Getty



Ballerina extraordinaire Misty Copeland has become an icon in the world of dance. She was the first African American woman to become a principal dancer in the American Ballet Theatre. Through her graceful form of expression, Copeland continues to be a role model for all girls of color.



Simone Biles stands as the most decorated American gymnast. She's won 30 total World and Olympic medals. Biles is the first female gymnast to win three World all-around titles in a row and has won the most World Championship medals by a female gymnast.



In January, Sydney Barber became the first Black, female brigade commander at the U.S. Naval Academy. The 21-year-old will lead 4,500 midshipmen in the brigade's daily activities and professional training until she graduates in May.



**Congratulations** to Dr. Michelle Cooper (My Charlestonian Sista). She has joined the administration of Joe Biden & Vice President Kamala Harris as the Acting Assistant Secretary of Postsecondary Education + Deputy Assistant Secretary of Higher Education Programs at the U.S. Department of Education. This is definitely a dream come true!!!



Activist turned congresswoman Cori Bush was inspired to run for office after the shooting of Michael Brown in 2014. In November 2020, she became the first Black woman to represent Missouri in the state's 200-year history.





The famous TV producer is known for creating a series of successful shows including *Scandal* and *How to Get Away With Murder*. Most recently, she created the hit show *Bridgerton*, part of a deal to develop eight new series for Netflix. Rhimes is the first Black woman to create and produce a network series in the top 10 with her hit show *Grey's Anatomy*.



Activist Tarana Burke is the founder of the #MeToo movement. What started as an expression Burke would encourage people to use in sessions with her activist group became the rallying cry of millions of women in the aftermath of the Harvey Weinstein sexual abuse scandal in 2017. Burke was

### MOVERS AND SHAKERS...

### SHAKING UP THE STATUS QUO.

### National Women's History Month



Actress and producer Viola Davis became the first Black woman to win an Emmy in 2015 for outstanding lead actress for her portrayal as Annalise Keating in *How To Get Away With Murder*. In 2020, *The New York Times* listed Davis on its list of "The 25 Greatest Actors of the 21st Century."



In 2019, at age 15, professional tennis player Coco Gauff became the youngest woman to qualify for Wimbledon and win a Wimbledon match since 1991—beating out tennis legend Venus Williams during that winning match. Gauff is also the youngest ranked player in the Women's Tennis Association's top 100.



Lt. j.g. Madeline Swegle graduated from the U.S. Naval Academy in 2017. Three years later, she made history as the first known Black woman to become a tactical air pilot for the U.S. Navy and received her Wings of Gold.



Jennifer King's roots on the football field date back to her experience as a player for the Carolina Phoenix of Women's Football Alliance. She's worked as a coach in a variety of capacities, but made history last year as the NFL's first African American woman to serve as a full-time assistant coach when she was hired by The Washington Football Team.

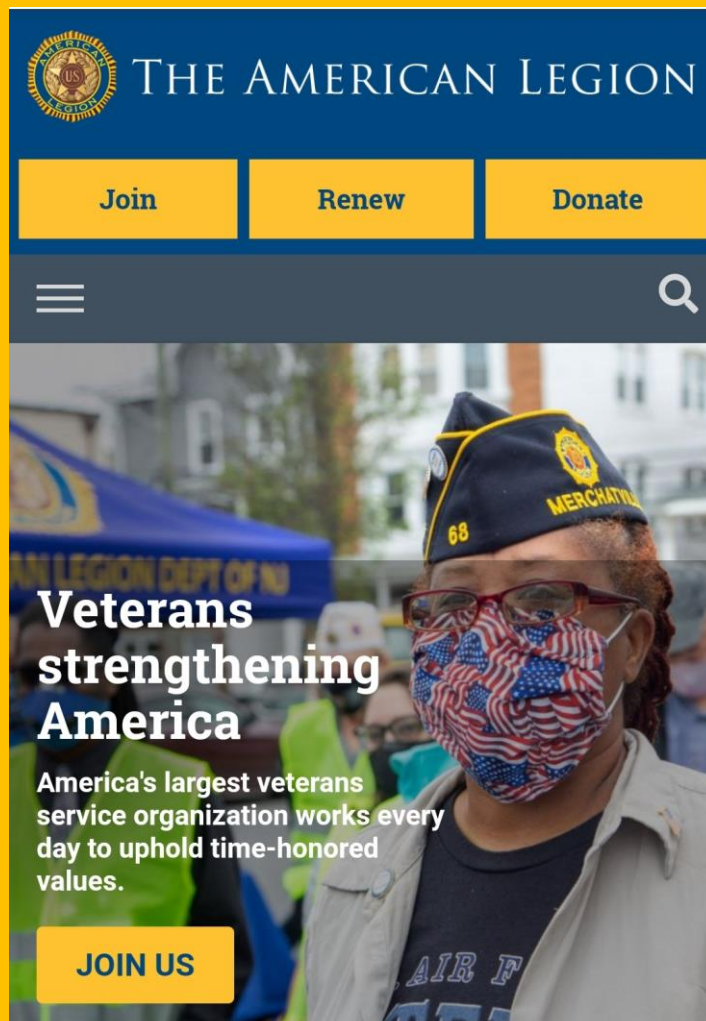




## NSPDK SORORS... MILITARY SERVICE

F.W. GRIGG POST 68 VICE COMMANDER VANESSA JENKINS VOLUNTEERED AT THE ATLANTIC CITY, NEW JERSEY MOBILE STAND DOWN WHICH SERVES HOMELESS AND DISPLACED VETERANS. THE NATIONAL AMERICAN LEGION HAD A MEDIA SPECIALIST DOING INTERVIEWS AND TAKING PHOTOS. ONE OF THE PHOTOS ON THE HOME PAGE OF THE NATIONAL WEBSITE HAS VANESSA PICTURED SEVERAL TIMES. HERE IS THE LINK:

[The American Legion a U.S. Veterans Association](#)



*Soror Vanessa Jenkins  
National Military Service Chairperson*

## SPOTLIGHT ON ...

### A Conversation with Soror Prioleau

I was born November 24, 1948 to Mary and Thomas E. Prioleau in Pineville, South Carolina. The middle of seven children, I was given to my mother's baby sister at age 5 because she was afraid to live at Grandmother's alone. I worked the fields harvesting cotton, peas beans, both types of potatoes, corn, peanuts, cucumbers, watermelon, peaches, apples, pears, plums, sugar cane, and tobacco. I took piano lessons, participated in recitals, and played for school and church choirs.

In May of 1970, I graduated from Morris College in Sumter, South Carolina with a Bachelor of Science in Mathematics. I was hired by Goose Creek Middle School as a 7<sup>th</sup> and 8<sup>th</sup> grade teacher of Mathematics. One and a half years later I married a Fort Bragg soldier, Bernard T. Jones and moved to Trenton, New Jersey. We had two children, LaSonja and Tony Jones.

After divorcing, I took in my younger sister's baby, Stephanie A. Prioleau at three days old and raised her.

In 1973, I started working for the Trenton Board of Education as a substitute teacher and was hired permanently in August of 1973 as a Teacher of Mathematics at Junior High School Number Four, now known as Grace A. Dunn Middle School, to teach 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> grade Mathematics. I worked there for 33 1/3 years as a teacher of Basic Mathematics, General Mathematics, Business Mathematics, Pre-Algebra, Algebra, Gifted & Talented Pre-Algebra and Algebra 1.

In 1979, I needed another part-time job besides selling Avon as well as a vacation from my marriage. I joined the New Jersey Army National Guards for a second career and a paid vacation.

I did Basic Training at Fort Jackson, SC and MOS Training at Fort Benjamin Harrison, IN. Upon completion, I was assigned to the 50<sup>th</sup> Finance Unit on Eggerts Crossing Road in Lawrence, NJ. There I rose through the ranks making sure I pulled other females up besides and behind me. Vivian Pittman is a prime example. She achieved the highest rank right behind me and went one rank rank higher (Sergeant Major). I am very proud of her. I rose through the ranks Specialist (E-4), Squad Leader, Staff Sergeant (E-6), Platoon Leader (E-7) through military schooling & training, and training others. I earned many awards and medals from the Army and NJ State: AAM, Army Service, Army Comp Achievement Medal, National Defense Service Medal, Army Reserve A Comp Achievement Medal, ARNC RECBAD/M16A1Rifle, Army Commendation Medal, NJ Merit, NJCC, to name a few. I even earned the 1988 Non Commission Officer (NCO) of the year.

My greatest military achievement was in 1995 when I broke the male barrier and was the very first female in the state of New Jersey to become FIRST SERGEANT in the state. This was a man's world and a man's job period. I went before the Promotion Board and my total points were higher than all the males. I became the Firseant of the 50<sup>th</sup> Finance Battalion. I retired after 21 years of service. My tour of service included Fort Jackson, SC, Fort Benjamin Harrison, IN, Fort Meade, MD, Fort Dix, NJ, Fort Indiantown Gap, PA, Fort Drum, NY, West Point, NY, Fort Stewart, GA Fort Hood, TX, and New Jersey Military Academy, Sea Girt, NY. I became a member of **PI Chapter** in 1992 and was the President of the Krinons. Currently I serve as Partliamentarian. I am a member of St. John Baptist Church.

We salute you Soror Prioleau for your service to your country, your family, the Trenton Public Schools, our Church and your sorority. It should be noted that Soror Prioleau is a COVID 19 survivor. She was on a ventilator for four weeks. She continues to praise God for her recovery.



On January 10<sup>th</sup> Beta Alpha Chapter held its Xinos and Kudos Awards & Recognition Program virtually. The chapter presented its 2020 Royal Ball King, Queen, and Royal Court. The program also included presentations of scholarship and academic awards for Xinos and Kudos, as well as HUB Parent recognition. Sorors Denise Washington, Xinos Advisor and Dr. Kenya Roberts served as program chairpersons. Soror Yalaunda Toliver Taylor is Chapter Basileus.

In celebration of Black History Month, Beta Alpha Chapter held its Annual Black History Program Saturday February 13<sup>th</sup> virtually. Event speaker was Soror Angelor Johnson. The chapter presented a Lifetime Achievement Award to Soror Geneva Moore, who is the chapter's oldest member. At age 105, Soror Moore continues to stay connected and involved with sororal activities. The chapter also recognized African Americans in the following categories: Education, Essential and Frontline Workers, Mental Health Professionals, Military Service, and Women in Politics. Program chair was Soror Carolyn McNeese, and Sorors Lanena Emanuel and Lena Patterson were Co-Chairs. Soror Yalaunda Toliver Taylor served as Beta Alpha Chapter Basileus.

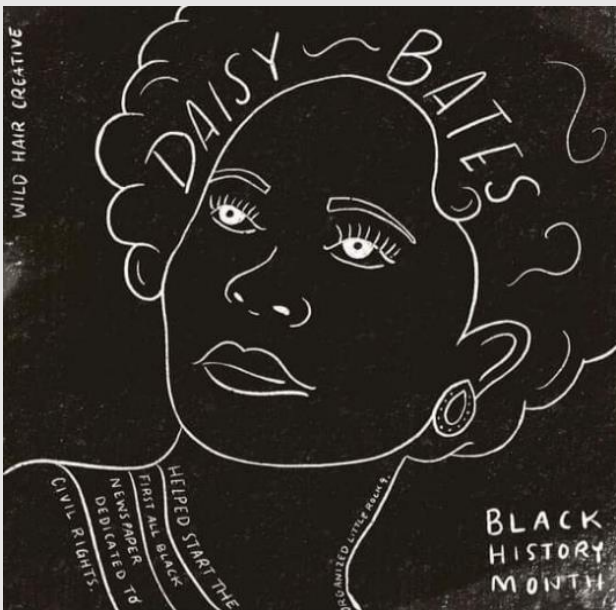




## BLACK HISTORY 365

THE BLACK CHURCH: THIS IS OUR STORY, THIS IS OUR SONG  
with HENRY LOUIS GATES, JR. PBS

WATCH ON YOUTUBE CHANNEL



Gamma Nu Chapter celebrate the legendary Daisy L. Gatson Bates. Arkansas established the third Monday in February as "Daisy Gatson Bates Day", an official state holiday. Bates will forever be known as a Civil Rights Leader, Activist, and Social Justice Warrior! She was dedicated to education, school integration and to anti-poverty programs.



Eta Chapter's annual community meeting featuring Mr. Langston Hughes. HBCU - Lincoln University Alumni and renowned poet. Pictured with committee D Russ, A.S. Walker (Charter Member), L. G Burns, (Charter Member) and L Johnson.

Dr. Lottie Johnson. Past Basileus and aunt of Eta Chapter's current Basileus, Aaryenne S. White.



"Mississippi & 15<sup>th</sup> Amendment (1962)"

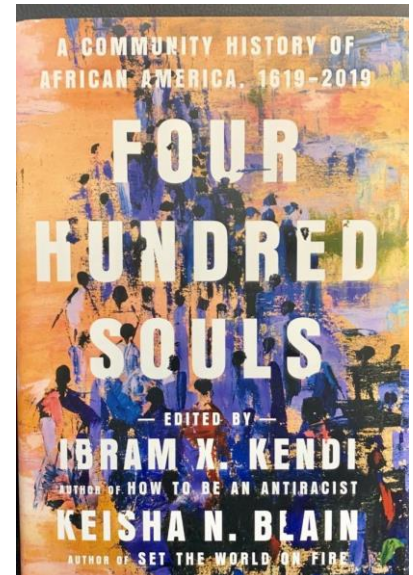
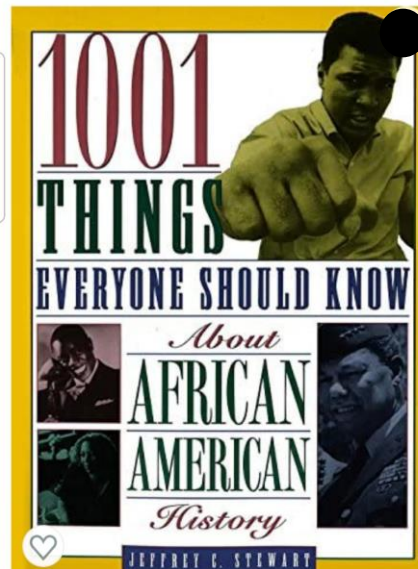
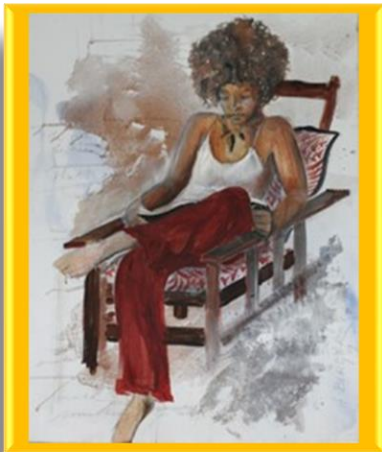
<https://youtu.be/u8kLb1QLrQ>

### Voter Registration & Rejection



- ▶ 1962- Hattiesburg, Mississippi
- ▶ Voter Registration Literacy Test Requirement
- ▶ Failing -despite being college educated.
- ▶ **Facing The Gatekeeper**  
One man holds all decision-making power & never has to explain an applicant's rejection. Only 4 out of 30 black teachers passed & were registered that year.

## TEACHERS' LOUNGE



### How Amanda Gorman exemplifies the poetry and power of study abroad

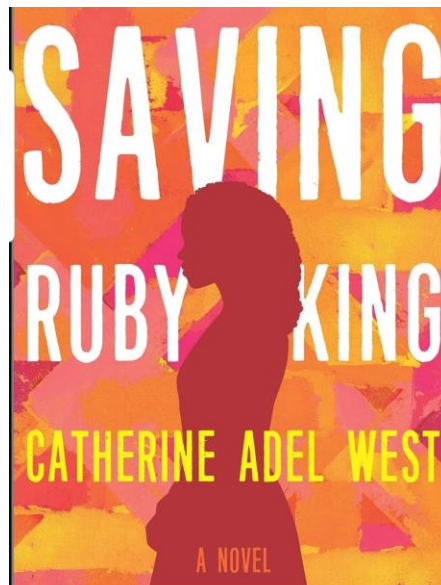
<https://thepienews.com/the-view-from/amanda-gorman-exemplifies-poetry-power-study-abroad/>

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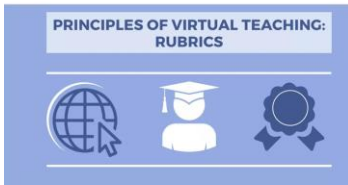


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## COVID-19: 3 Things Most People Get Wrong About Virtual Meetings

By Sarah E. Merkle on March 20, 2020

POSTED IN [DEBATE/DISCUSSION](#), [LEADING A MEETING](#), [NOTICE](#)



If you think your board and annual meetings are dull, I have just the thing to liven them up. Make them virtual! That's right. For a small fee – or maybe even for free – you can hold a meeting on the phone or on the computer, where we will all surely make better decisions surrounded by the sounds of pets and washing machines and the dance-party that Jillian is having because she thinks her phone is on mute.

Seriously though, having a virtual board meeting or annual meeting may seem simple enough

from a technology perspective, but holding a meeting that's both virtual and compliant is anything but simple. Here are the top three misconceptions about virtual meetings:

### **1. Any Group Can Have a Virtual Meeting.**

False. Just because the technology is there doesn't mean your group can have a virtual meeting that's valid. Check the law of the state where your organization is incorporated and look for law that applies to the type of group that you have (e.g., if you're a nonprofit, look for the law that talks about board and membership meetings for nonprofits). Better yet, ask a lawyer to check for you.

Even if the law gives you the green light, make sure you also check your governing documents (i.e., your bylaws). The law might say something like, "Sure! Have a virtual meeting as long as your bylaws say that you can." And if your bylaws are silent, you're back to square one. Alternatively, the law might say, "Sure! Have a virtual meeting as long as your bylaws don't say that you can't." If that's the case, and your bylaws are silent, you're likely still in good shape. Either way, check your bylaws.

### **2. A Dial-In Number (and Maybe a Screen) Are All You Need for a Compliant Virtual Meeting.**

Definitely not true. *Robert's Rules of Order Newly Revised* has all kinds of things to say about how to have a compliant virtual meeting. (So surprising, right?) This is because a deliberative assembly (a fancy name for a group where every person has equal rights and an equal vote) is all about an equal right to information, to discussion, and to vote. Put everyone on the phone or on Zoom! and all of sudden Derek Dogmatic – with the voice that reaches across the Grand Canyon – has *waaayyy* more of a "right to discussion" than Abby Agreeable. And what about Doug Dark Ages? Does he even know what to do with a dial-in and passcode, not to mention a Go To Meeting log-in? If he doesn't, his right to information is seriously diminished. Of course, the elephant in the room is the voting, especially if you need to take a vote that's secret.

Now, don't misunderstand. I'm not saying that a compliant virtual meeting is impossible. But what I am saying is that you have to give serious thought to how to follow the same rules that you would if everyone were physically in the same room. Getting help from a lawyer and a professional parliamentarian isn't a bad idea either. A professional parliamentarian who has lived through numerous meetings – the regular kind and the virtual kind – can help you navigate the traps and make sure the validity of your group's actions can't be questioned later.



### 3. Virtual Meetings Are Better Than In-Person Meetings.

Often not true. There's a school of thought that virtual meetings are better because technology exists and because a virtual meeting can be organized more quickly than a physical meeting. I disagree. As discussed above, there are many hurdles to having a virtual meeting that's compliant, even with stellar technology. And even though our world is advanced, there's still something to be said for the progress that can be made when all parties are physically present in the same room to dialogue and make decisions. To be sure, COVID-19 is going to make less traditional measures the first (and perhaps only) option for board and annual meetings in the short term, but let's not lose sight of the fact that there are benefits to an old-school meeting and that technology – while no doubt helpful – comes with drawbacks.

## TEACHER RESOURCES

### SPECIAL EDUCATION

#### Recognizing Signs of Potential Learning Disabilities in Preschool

Early intervention services can make a big difference for students who are at risk for learning disabilities. What should teachers look for?  
By [Amanda Morin](#) February 18, 2021



Max was 5 when he was diagnosed with a language-based learning disability. But his mother says the signs were visible earlier. She says Max had a hard time learning how to talk.

At 5, Max was identified much earlier than most students. According to a [report by the National Center for Learning Disabilities](#), 38 percent of public-school students who receive

special education services do so under the category of specific learning disability (SLD). But just a little over 6 percent of those students have the SLD identification by age 6; that increases to 40 percent by age 10.

Yet research shows that when students who are at risk for learning disabilities receive early intervention services, they're [less likely to need specialized instruction](#) as they get older.

Learning disabilities are neurologically based. The brain structure and function of students who have learning disabilities differ from those of peers who don't have the same challenges. One study found that those structural differences exist [even before children begin to read](#).

So why is it that so few students who show early signs—like Max—are identified as having learning disabilities?

#### RECOGNIZING STRUGGLING LEARNERS

Most preschool teachers know that some students take more time to develop and learn skills. However, while early signs of learning disabilities include delays in developmental milestones,

teachers may be hesitant to jump to conclusions, thinking they need to give students adequate time to improve their skills.

Being in [remote learning environments](#) can rightfully reinforce this cautious instinct: When all students are struggling to navigate modes of learning that aren't intuitive to preschoolers, it's much harder to discern who is finding the act of learning challenging from those for whom learning itself is a challenge.

It's also true that some learning challenges are much more noticeable than others. Brittney Newcomer, a nationally certified school psychologist and the associate director of learning experiences at [Understood](#), a nonprofit organization centered on helping those with learning and thinking differences—where I also work—told me that preschool teachers are more likely to notice speech issues because delays in language development or difficulty pronouncing words are often the most prominent challenges in young children.

"Because academic skills are just emerging in preschool, it is more difficult to identify patterns with specific academic areas, such as reading and math," Newcomer said.

This may account for why many students who receive special education support in preschool are identified as having a speech-language impairment. But Newcomer notes there is an overlap with language delays and learning disabilities.

"Difficulties with reading can be related to language deficits. Teachers should pay close attention to language-based tasks. For example, if students are showing difficulty grasping the concept of rhyming, this could demonstrate challenges with the phonological processing that is related to dyslexia," Newcomer said.

## IDENTIFYING THE SIGNS

Not all students have difficulty with the same skills, and not all students who have difficulties have learning disabilities. Newcomer suggests that teachers pay attention to clusters of signs, such as when a student has a heightened difficulty in learning numbers, days, colors, the alphabet, and/or shapes.

Pay attention to additional early signs of language-based learning disabilities, including:

- Consistent difficulty naming familiar and everyday objects;
- Using vague words like *thing*;
- Struggling to come up with the right word;
- Trouble following or remembering multistep directions;
- Difficulty reciting things in the right order (like the alphabet or nursery rhymes); and
- Mixing up the sounds in multisyllabic words ("mazagine" instead of "magazine" or "cimmanom" instead of "cinnamon").

Some students don't have trouble with language-based tasks, but struggle with math-based skills, like numeracy. Look for these common, noticeable signs in math:

- Trouble counting out loud (skipping over numbers or reciting them out of order);
- Trouble recognizing, creating, or replicating patterns;



- Trouble connecting number symbols to number words, such as knowing that the numeral 5 goes with the word *five*;
- Difficulty generalizing a number to more than one group of objects, such as understanding that six can be six crayons, six books, or six children; and
- Difficulty understanding one-to-one correspondence.

### SUPPORTING STRUGGLING LEARNERS

Teachers aren't (and shouldn't be) diagnosticians, but they're often the first to notice signs of possible learning disabilities in their students. Noting when, where, and how students are encountering problems with learning and pinpointing specific areas of struggle are the first steps to supporting learners.

Using an observation tracker ([like this one](#)) can help identify trends and patterns, such as particular times of day when students struggle or how they respond to intervention or small group instruction. Teachers can also put into place supportive practices that help all students but are especially helpful for those with learning disabilities. For example:

- Using clear language to explain and teach a new skill;
- Narrating or doing a "think-aloud" when demonstrating classroom routines;
- Making classroom expectations explicitly clear and displaying them;
- Providing directions in both written and picture form;
- Teaching, practicing, and reteaching expected behaviors and routines; and
- Providing immediate feedback so students can correct behavior or skills in real time.

### GOING THE EXTRA MILE

For some students, supportive practices may not be enough. Helping students with potential learning disabilities also relies on early evaluation and targeted intervention, which requires knowing your school's referral for evaluation process.

Once teachers know what the steps for referral are, it's time to reach out to the student's family. Here are some tips to navigate conversations successfully:

- Be direct about why you're reaching out, but remember that families have their own perspectives and interactions with their child that may not match what you're seeing.
- Share specific concerns by describing what you're seeing, providing context, sharing examples, and explaining why this is something you'd like to explore more.
- Ask for input and thoughts in an open-ended way that doesn't impose your viewpoint. That may sound like, "What are your thoughts?" or "Have you noticed anything similar at home?"
- Share resources to help increase understanding of learning disabilities and developmental delays. Students who have learning disabilities tend to have signs and symptoms outside of school, too, so families may want to use an observation tracker.
- Discuss clear next steps. If referral for evaluation seems like the next reasonable step, loop in the appropriate support staff to explain and walk the family through the process.

Keep the focus on finding solutions to support the student. That support can make a world of difference. Remember Max? He's now a successful teenage entrepreneur, something which he and his family credit, in part, to the support of the teachers who recognized his challenges and understood how to encourage his strengths.

<https://www.google.com/search?q=carole+copeland+thomas&ie=UTF-8&oe=UTF-8&hl=en-us&client=safari>

Carole Copeland Thomas is a speaker, writer, trainer, and global thought leader specializing in global diversity, multiculturalism, empowerment and leadership issues. She has written over 40 volumes of journals since the death of her teenage son in 1997. She lives and works outside of Boston.



## CULTURALLY RESPONSIVE TEACHING

### 4 Black Philosophers to Teach Year-Round

Weaving philosophy lessons into your curriculum can tease out bigger questions about identity, human rights, and artistic expression. By [Hoa P. Nguyen](#) February 24, 2021

When Liam Kofi Bright was five years old, he spent a long time obsessing over the difference between a big number and a small number. Eventually, Bright decided that anything over four was big and anything below four was not. When his mom asked him, “What about four?” he started crying.

“If you think kids aren’t asking big questions about why things are the way they are, what’s fair and what’s not fair, why things should be this way and not that way—it’s just not true. Kids wonder about these things,” said Bright, now a philosophy professor at the London School of Economics and Political Science, whose interest in asking questions with no easy answers helped pull him into the field.

Yet when he reflects on his philosophy training, Bright, who is Black, remembers learning very little about big thinkers who looked like him. “In the six, seven years of being taught philosophy, there was one occasion where I read something by a Black philosopher,” shared Bright, who coauthored a [2014 research paper](#) on the state of Black philosophers in the United States.

Although there isn’t a uniform K–12 philosophy curriculum in the United States, it is being taught in schools around the country through [creative efforts from educators](#), according to Michael Burroughs, a philosopher of ethics at California State University, Bakersfield, who has worked extensively on getting people—including students and teachers—engaged in philosophy. But often these lessons sideline Black philosophers, who have made significant contributions to how people think about and discuss topics such as gender, race, class, and culture, which can broaden how students perceive their worlds.

It takes more than adding the work of a well-known philosopher like Frederick Douglass, however, to expand students’ minds. To get them asking deeper philosophical questions that challenge the status quo and push them beyond material concerns, educators should consider exposing students to the groundbreaking thinking of Black philosophers across eras and geographies—from W.E.B. Du



Bois to Alain LeRoy Locke and Angela Davis. Here are four Black philosophers to consider, with resources to use for lesson planning in your classroom now and throughout the school year.

### BELL HOOKS: A CHAMPION FOR INTERSECTIONALITY AND FEMINIST POLITICS

Bell hooks was known as a child who “talked back,” or stood up to adults, as she later explained in a famous essay. Born in 1952 with the name Gloria Jean Watkins, [hooks](#) was raised in a working-class family in rural Kentucky, where she attended racially segregated public schools. She grew up determined to dismantle racism and promote gender equality. Eventually, she changed her name to bell hooks in honor of her maternal great-grandmother but decapitalized the initials to put emphasis on her ideas rather than herself.



*The Washington Post / Getty*

hooks has taught at various universities and colleges since the mid-1970s and has gained international recognition for her work on the intersectionality of race, class, and gender. In 1981, she published her first major work, *Ain't I a Woman?: Black Women and Feminism*, which challenges the minor role that Black women were given in both the feminist and Black liberation movements and argues that prejudice from slavery still has an impact on Black women today. In addition to writing more than 30 scholarly books, hooks has published a number of children's books that celebrate Black identity and encourage

children to accept themselves for who they are. “Beloved community is formed not by the eradication of difference but by its affirmation,” hooks wrote in her book *Killing Rage: Ending Racism*.  
**In the classroom:** Teachers can use hooks's children's books like *Happy to Be Nappy* to boost young learners' sense of self and to deepen their understanding of peers. Her [books can provide a mirror](#) for young students of color to see themselves in literature and a [window for other students](#) to learn about—and appreciate—the experiences of others.

For older students, teachers can use passages from hooks's book *Ain't I a Woman?* as a starting point to discuss the [important \(and often neglected\)](#) role of Black women in the civil rights movement, such as [this lesson](#) from Teaching for Change, before launching into a larger discussion about gender roles and the social construction of identity.



## SOJOURNER TRUTH: A PIONEER FOR WOMEN'S RIGHTS

*Liljenquist Family collection (Library of Congress)*

Sojourner Truth (1863)

Throughout her childhood and early adulthood, Sojourner Truth was bought and sold as a slave multiple times, enduring cruel treatment from her owners in Dutch-speaking Ulster County, New York, where she grew up. In 1826, at the age of 29, she escaped to freedom with her infant daughter, Sophia; later, she moved to New York City to work for local preachers.



Being surrounded by people of faith encouraged Truth to pursue gospel teaching and speak up against inequality and oppression. As she traveled to preach and debate in camps, churches, and villages, Truth joined an abolitionist organization where she met Frederick Douglass and William Lloyd Garrison. In 1851, Truth gave her famous speech "Ain't I a Woman?" at the Ohio Women's Rights Convention, challenging the idea that women weren't equal to men. Her work paved the way for other women suffragettes and activists in the 20th century.

**In the classroom:** Teachers can incorporate Sojourner Truth into lessons about the meaning of equality and justice and trace her contribution to the American notion of individual rights from history to the present day.

This lesson by PBS, for example, suggests that students read about Truth's life and reflect on how her 19th-century ideas served as a catalyst for the feminist and abolitionist movements in the 20th and 21st centuries. Additionally, Learning for Justice, formerly Teaching Tolerance, offers a lesson plan that guides students through a close study of the tone, purpose, and ideas embedded in the two versions of Truth's 1851 speech—one published in a newspaper after Truth delivered the speech, and the other the more commonly publicized version.



## ALAIN LEROY LOCKE: FATHER OF THE HARLEM RENAISSANCE



Alfred Eisenstaedt

After graduating from Harvard University with degrees in philosophy and literature in 1907, Philadelphia-born [Alain LeRoy Locke](#) became the first Black person selected as a Rhodes Scholar. Locke later taught English at Howard University and formed one of the first philosophy departments at the historically Black college.

Locke is [best known](#) for his collection of writings published in 1925 called *The New Negro: An Interpretation*, in which he argues that the proliferation of African and African American art in the early 20th century brought about "[a spiritual emancipation](#)" for Black people—the freedom to express their individuality without societal constraints or bias. He is also regarded as the [Father of the Harlem Renaissance](#), an artistic and cultural movement centered in New York City's Harlem neighborhood in the 1920s and 1930s

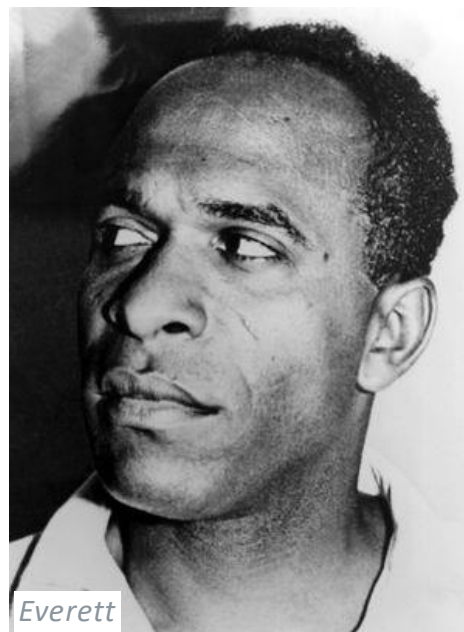
that galvanized Black music, dance, literature, and theater.

**In the classroom:** Teaching about Locke can provide the context for an array of humanities lessons about the power and meaning of artistic expression, such as this [one from the Phillips Collection](#) or one from [Learning for Justice](#), which delve into the multitude of Black art, music, and literature from [the Harlem Renaissance](#). Educators can discuss how these works depicted [African American life](#) and culture in the early 20th century, helping shape and influence Black identity at the time—and into the present day.

## FRANTZ FANON: A VISIONARY OF BLACK IDENTITY

At the age of 18, Frantz Fanon left the French colony of Martinique, where he had grown up, to fight in World War II. After the war, he stayed in France to study medicine and psychiatry at the University of Lyon.

By the mid-1950s, the French West Indian psychiatrist was working as chief of staff for a psychiatric ward in Algeria, treating both Algerian and French soldiers. Through this experience, [Fanon](#) became interested in investigating the impact of colonialism on racial consciousness and societal bias—a topic he later explored through academic journals and books.



Everett



Fanon concluded in his book *Black Skin, White Masks* that "to be black and speak with perfect diction is still to be black, and therefore marked as special, unique, and surprising." When a white French speaker is surprised by a Black person who speaks perfect French, for example, it reveals a deeply ingrained bias that the Black race is inferior to the white race, he explained.

**In the classroom:** If you're teaching about [microaggressions and bias](#) in the classroom, you can use Fanon's analysis as a conversation starter to get students talking about racial undercurrents and the unjust encounters they've faced—or to [recognize their own implicit bias](#).

For older students, Eric Spreng, a high school literature teacher, [shared](#) that he teaches his students about postcolonial authors like Fanon to help illuminate the consequences of colonization on our society today. Educator Victoria Pang has also developed a [lesson](#) on Fanon, in which students are split into small groups to dissect his texts based on a specific theme, such as violence, capitalism, and language.

"There is no one-size-fits-all" approach to teaching philosophy to make it more inclusive, according to Anita Allen, the Henry R. Silverman Professor of Law and Professor of Philosophy at the University of Pennsylvania, who teaches philosophy of privacy and ethics. Allen recommends that teachers tailor whom they teach about to whom they're teaching and focus more on teaching students philosophy principles that enrich how they see and experience the world.

"We need to be focusing on what we think young people need in order to be well-educated and competent to deal with the kinds of issues that they're going to face in their lives," she said.

GEORGE LUCAS EDUCATIONAL FOUNDATION | Celebrating 30 years

SOROR CLEALYN B. WILSON  
FIRST AFRICAN AMERICAN  
STATE TEACHER of the YEAR  
DELAWARE 1992 – 1993

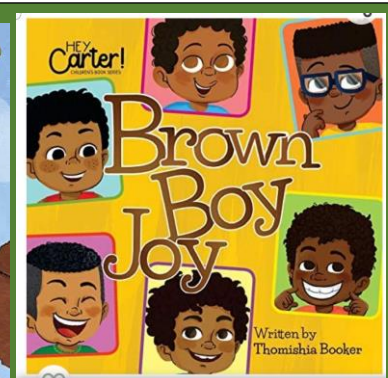
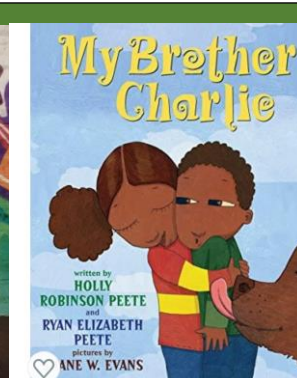
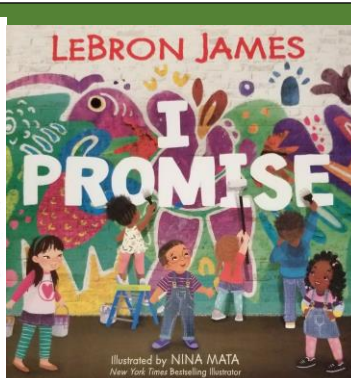
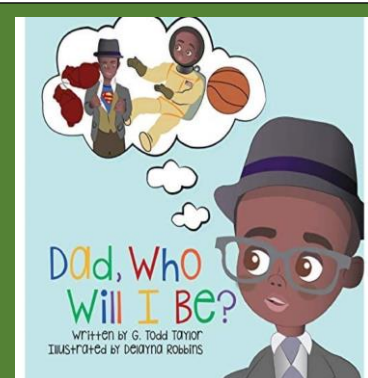
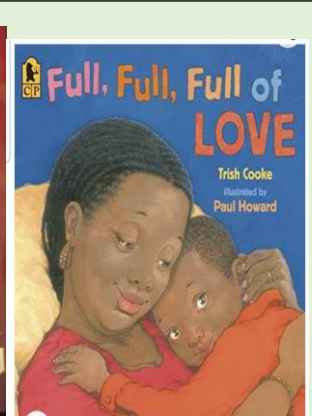
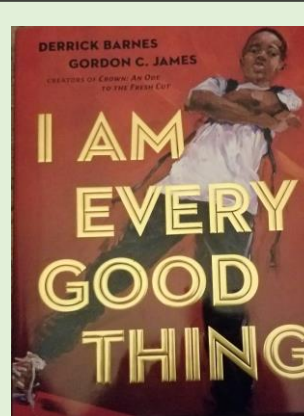
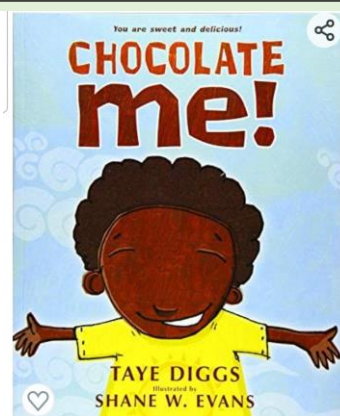
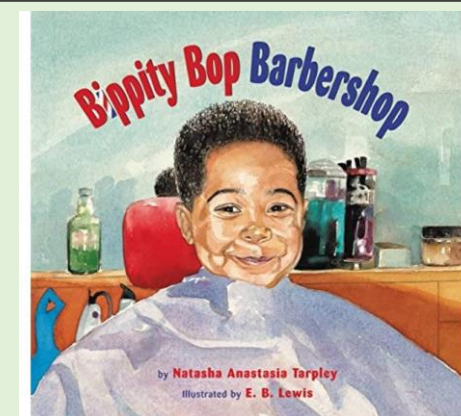
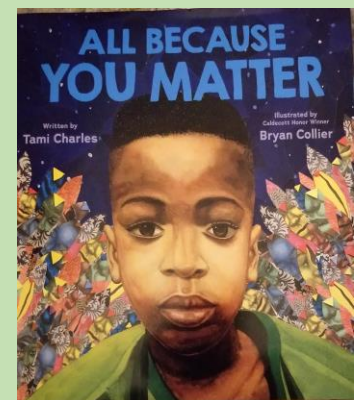
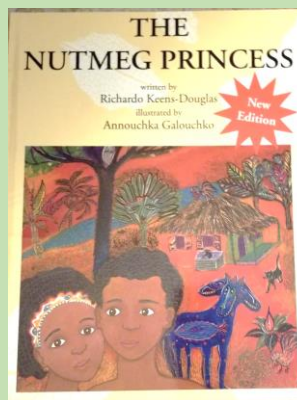
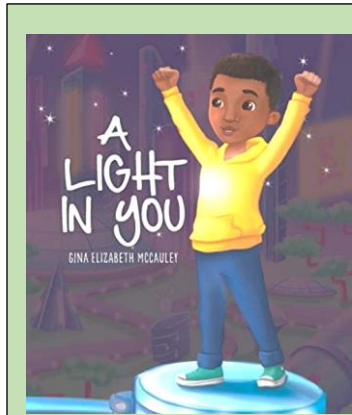
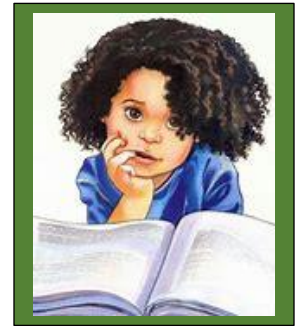
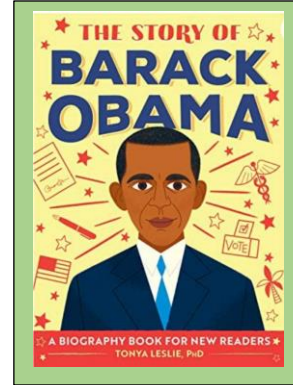
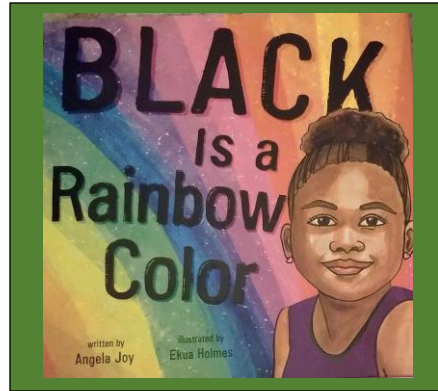


**Thanks for Being A Teacher**

*A teacher affects eternity; you can never  
tell where your influence stops.*

*Henry Brooks Adams*

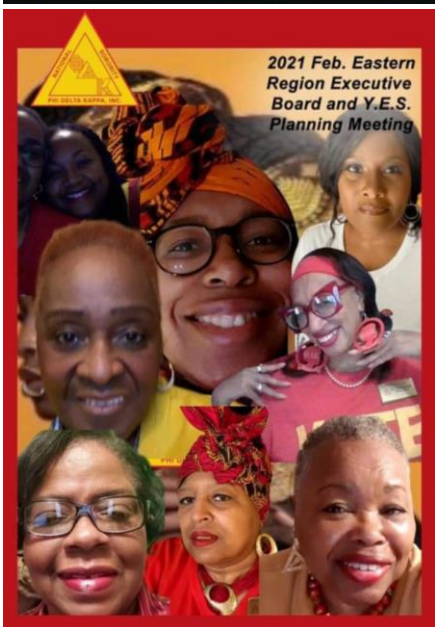
# Children's Book Nook



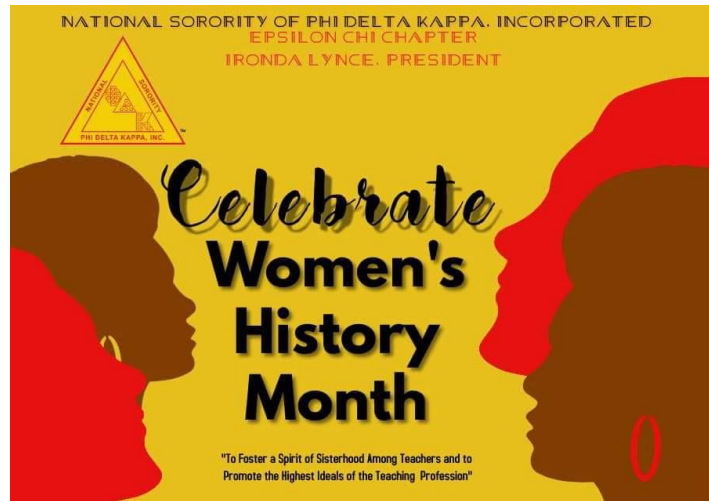


**NSPDK MOVING FORWARD...**

**Eastern Regional Executive Y.E.S. Planning Meeting**  
**Enjoyable, and Informative**  
**Dr. Patsy O. Squire Eastern Regional Director**







Congratulations to Jawharah Muhammad on receiving the Citizen of the Year Congratulations to Dr. Darryl Jones on receiving the Bro. Dr. Derrick E. Nelson Educator of the Year Award

I was elated to win the 2021-2022 Teacher of the Year! This year has been particularly challenging; however, I showed up every day making myself available to my students and colleagues. It was and is ALL WORTH IT! I am truly honored Hillside High School, Durham, NC.

Malika Londyn Rose Becton



## DELTA KAPPA CHAPTER FAR WEST REGION

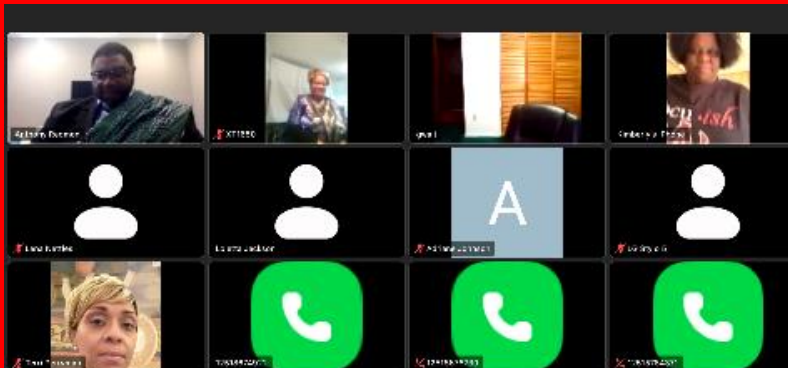
Students thanking Dr. Doretha O'Quinn for reading and explaining the life of Dr. Martin Luther King, Jr.

Please click link:

<https://padlet.com/dulcecatzin1/unpujng7p2jug6aj>

Gamma Theta hosted the Valentine party for Helping Hands Daycare in Brewton, Alabama. The Daycare was also presented with gift bags with many goodies inside.

Saturday February 7<sup>th</sup>, Gamma Theta Chapter presented a Virtual Black History Program. Participants included Sorority members, Anthropos, KOT's, and community members. Both events were phenomenally successful. (Submitted by Andrella Nettles)



**GAMMA THETA**



CONGRATULATIONS BASILEUS IRONDA LYNCE AND EPSILON CHI WHO ARE FOLLOWING THE LIGHT!  
MOVING NSPDK FORWARD-TOGETHER!!

<https://youtu.be/uikEU8e6iGE>



## IOTA CHAPTER

Take A Moment to enjoy the spotlight of Soror Murphy and her passion for teaching. Iota Chapter is extremely proud.

### MU TEACHER SPOTLIGHT ON SOROR MURPHY

<https://spark.adobe.com/page/CU3ael721sZDe/?w=1>

## XI CHAPTER

### GOES RED FOR HEART AWARENESS MONTH





## **SAVE THE DATES: JANUARY - JULY 2021**

### **RESCHEDULED- VIRTUAL - 2021 SPRING (ONE -DAY) REGIONAL CONFERENCES**

REGION	YOUTH CONFERENCE	REGIONAL CONFERENCE	K.O.T. CONFERENCE
Eastern	April 24-25,2021	June 18-19, 2021	June 18, 2021
Southeast	June 12, 2021	May 14-15, 2021	May 14, 2021
Midwest	March 26-28, 2021	April 30-May 1, 2021	April 30, 2021
Southwest	February 26-28, 2021	June 25-26, 2021	June 25, 2021
Far West	April 10, 2021	May 21-22, 2021	May 21, 2021

### **Virtual - NATIONAL FOUNDERS' DAY RITUALISTIC CEREMONY**

THEME: ONE HEART, ONE SISTERHOOD, ONE SPIRIT, ONE TIME

Saturday, May 22, 2021

REGION	DATE	TIME	TIME ZONE
Eastern	May 22, 2021	12:00 PM	Eastern
Southeast	May 22, 2021	11:00 AM or 12:00 PM	Central or Eastern
Midwest	May 22, 2021	11:00 AM	Central
Southwest	May 22, 2021	11:00 AM	Central
Far West	May 22, 2021	9:00 AM	Pacific

### **VIRTUAL - NATIONAL MEETINGS**

Organization	Day	Date	Time (Central)	Presiding
100 <sup>th</sup> Anniversary Centennial Committee	Thursday	July 15, 2021	10 AM-12 PM	Margarette Galloway, National Chair
Board of Trustees	Thursday	July 15, 2021	1 PM-4 PM	Charlotte M. Williams, President
National Anthropolos Board	Thursday	July 15, 2021	1 PM – 3 PM	Alexander Smith, President
National Executive Council Pre-Conclave	Friday	July 16, 2021	10 AM-3 PM	Dr. Etta F. Carter, Supreme Basileus
Perpetual Scholarship Foundation Board	Friday	July 16, 2021	10 AM-12 PM	Lisa Frieson, President
National Executive Council Post- Conclave	Wednesday	July 21, 2021	9 AM-12 PM	Dr. Etta F. Carter, Supreme Basileus

### **VIRTUAL - 98<sup>TH</sup> ANNIVERSARY CONCLAVE**

**HOST REGION – SOUTHEAST    HOST CHAPTER: BETA XI    ORLANDO, FLORIDA**  
**JULY 17 - 20, 2021**

<b><u>Saturday, July 17, 2021</u></b> <b><i>National K.O.T. Conference</i></b> 10:00 AM – 3:00 PM	<b><u>Sunday, July 18, 2021</u></b> Worship Opening Ceremony - PM	<b><u>Monday and Tuesday</u></b> <b><u>July 19 -20, 2021</u></b> - Business Sessions - Special Events and Programs
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XINOS

KUDOS

PUSHING THROUGH YOUR CHALLENGES  
60TH XINOS-KUDOS  
XINOS  
AND  
KUDOS  
CONFERENCE - VIRTUAL YOUTH LEADERSHIP



**Gamma Delta chapter**  
*Welcomes you to Flint, MI*

**March  
27,  
2021**

DR. ETTA F. CARTER----- SUPREME BASILEUS

ANONA HUNTLEY-- NATIONAL YOUTH COORDINATOR

TIFFANY M. PRITCHETT -- MIDWEST REGIONAL DIRECTOR

BARBARA NETTLES -- MIDWEST MEMBER-AT-LARGE

LILLIAN JONES THOMAS, JEANNETTE WEBB  
REGIONAL KUDOS & XINOS CHAIRPERSONS

PHYLLIS JONES  
BASILEUS GAMMA DELTA CHAPTER



# *National Sorority of Phi Delta Kappa, Inc.*



*"To Foster a Spirit of Sisterhood Among Teachers and to Promote the Highest Ideals of the Teaching Profession"*

*EASTERN REGION  
1ST VIRTUAL  
ONE DAY  
CONFERENCE*



*SAVE THE  
DATE  
JUNE 19, 2021*

*Theme:  
Integrate, Innovate, Motivate!*

*Host Chapter  
Delta Nu*

**Dr. Etta Carter, Supreme Basileus**

**Dr. Patsy O. Squire, Eastern Region Director**

**Gwynne Burt, Basileus Delta Nu Chapter**

**Pamela Gary Maple, Conference Co-Chair**

**Moishe Shayland Williams-Conference Co-Chair**

**Sylvia Ligon, Registration Chair**



NATIONAL SORORITY OF PHI DELTA KAPPA, INC



EASTERN REGION



VIRTUAL

73rd

# YOUTH LEADERSHIP CONFERENCE

2021 EDITION

THEME

"MOVING FORWARD IN CHANGING TIMES"

April 23 - April 24, 2021

HOST CHAPTERS  
ZETA & GAMMA MU



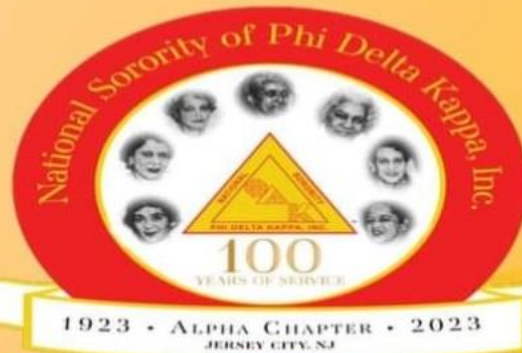
Dr. Etta Carter, Supreme Basileus  
Anona Huntley, National Youth Coordinator  
Dr. Patsy O. Squire, Eastern Region Director  
Chaleeta Hines, Eastern Region Xinos Chair  
Felecia Laury, Eastern Region Kudos Chair  
Dr. Eloise Robinson - Redd, Basileus Zeta Chapter  
Andrea Wyche, Basileus Gamma Mu Chapter  
Celeste Walters, Youth Conference Co-Chair  
Shirley Washington, Conference Co-Chair

[WWW.NSPDKEASTERNREGION.ORG](http://WWW.NSPDKEASTERNREGION.ORG)

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# Save the Date!

**Celebrating  
Our Founders**



**Celebrating  
Our History**



## Alpha Chapter's Centennial Celebration

**May 19-21, 2023**



**Chat-N-Chew  
Pamper Party  
Video Show  
Spotlight Time  
Torchlighting**



**More Information**



**To Follow**



## ALPHA RHO CHAPTER

In True NSPDK fashion, sorors graced the homes of Alpha Rho's elderly and shut-in members to offer tokens of love through song and gifts.

Songstresses: Rebecca Bates, Shauniesa Sisk, Stephanie Smith, Erika Stevens, and Jody Stevens



Alpha Rho honored Black History Month by spotlighting the power of the Black family. *The Black Family: Representation, Identity, and Diversity* program offered a unique view on family traits, background, and evolution.





## BETA ZETA CHAPTER



NSPDK, Inc., Beta Zeta Chapter is happy to announce that our dear Soror Deniseca Holloway, has been named the Teacher of the Year at Springvalley Elementary School in Durham, NC. Teaching is more than a profession for her; it's a passion! Our hats come off for this Ruby red sparkling sister, Ms. Deniseca Holloway. Congratulations!

## DELTA PI CHAPTER

Delta Pi is on the move (can't stop this). On February 6, 2021, the Delta Pi Flames celebrated their annual Black History program with our esteemed Regional Director, Dr. Patsy O. Squire. The phenomenal committee, with chairperson Nicole L. Smith put on a super-fantastic Black History Program. The program commenced with video of noteworthy African American heroes and heroines. The Sorors Xinos, Kudos, Aaron Green, Esq., (speaker), parents and friends *all* made the event a virtual success.



## EPSILON BETA CHAPTER



**EPSILON BETA CHAPTER TYLER, TEXAS WORE RED IN MEMORY OF SOROR PATRICIA McLEAN FOR AMERICAN HEART ASSOCIATION MONTH**





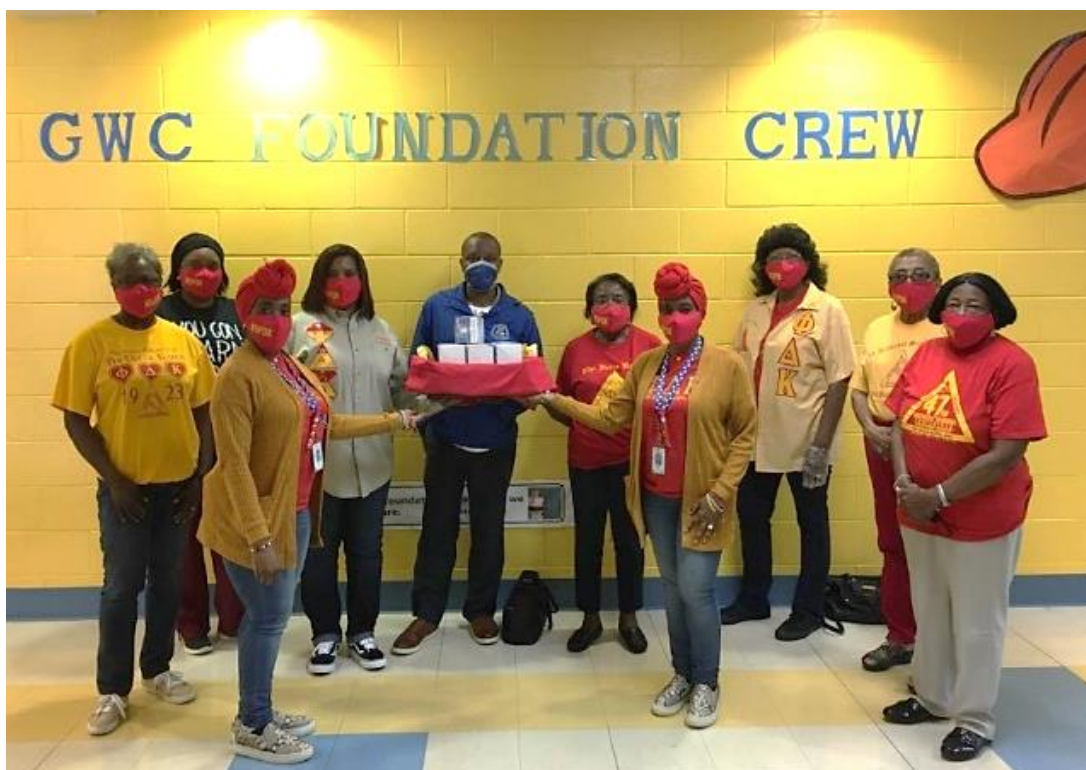
## UPSILON CHAPTER

Member of National Sorority of Phi Delta Kappa, Inc., Upsilon Chapter  
Donates Face Masks and Food Items to Local School System



**Upsilon Chapter members donates food items to support the local school system with its Annual Because Macon County event**

Upsilon Chapter of National Sorority of Phi Delta Kappa, Incorporated was pleased to donate several food items to support the Annual Because Macon County Cares event. Due to COVID-19, Because Macon County Cares 2020 provided an alternative to serving a traditional sit-down holiday meal to the families of Macon County Schools. Instead, a full uncooked holiday dinner in a bag was distributed to each family through a drive through event.



Upsilon Chapter of the National Sorority of Phi Delta Kappa, Incorporated donated disposable masks to the teachers at George Washington Carver Elementary School. As students return to school for in-person learning, this donation provides additional personal protective equipment to help curve the spread of COVID-19.

**Upsilon Chapter members donates face masks to teachers at George Washington Carver**



## ARE YOU UP FOR THE MARCH CHALLENGE?

- WRITE FIVE WORDS THAT DESCRIBE YOU
- DONATE TO A HBCU OF YOUR CHOICE
- FIND A PERSON IN BLACK HISTORY
- THAT YOU SHARE A BIRTHDAY WITH
- SHARE A PHOTO OF AN ANCESTOR
- RESEARCH BAYARD RUSTIN
- WATCH THE "THEY'VE GOTTA HAVE US" DOCUMENTARY
- TAKE A TOUR OF THE SMITHSONIAN NATIONAL MUSEUM AFRICAN AMERICAN HISTORY & CULTURE
- BUY & READ A BOOK BY ANY BLACK AUTHOR
- RESEARCH BARBARA JORDAN
- INTERVIEW AN ELDER
- RECREATE AN ICONIC BLACK PHOTO
- SUPPORT A BLACK BUSINESS
- DOWNLOAD 3 BLACK-OWNED APPS
- RESEARCH JOAN MYERS BROWN
- HELP SOMEONE REGISTER TO VOTE

- LEARN ABOUT HISTORIC BLACK LANDMARKS IN YOUR CITY
- RESEARCH BROCK PETERS
- DONATE TO A BLACK CHARITY/FOOD BANK
- RESEARCH PEG LEG BATES RESORT
- LEARN THE FULL VERSION OF "LIFT EV'RY VOICE AND SING"
- DONATE SUPPLIES TO A BLACK TEACHER
- OPEN UP AN ACCOUNT WITH A BLACK OWNED BANK
- RESEARCH IDAAB. WELLS
- PLAN A VIRTUAL CELEBRATION WITH YOUR FAMILY
- COMPLETE NOVEL YOU DID NOT FINISH
- DECLUTTER SOMETHING IN YOUR HOUSE/APT
- TAKE A FIVE-MINUTE MINDFULNESS BREAK
- CALL A SOROR YOU HAVE NOT SEEN IN AWHILE
- RESEARCH ELLA BAKER
- COOK A FAMILY RECIPE
- MEMORIZE ROMANS 12: 9- 18

“LEARNING IS A  
TREASURE THAT WILL  
FOLLOW ITS OWNER  
EVERYWHERE.”



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