

WHAT SHOULD I DO IF I GET SICK?

- **Stay home and avoid contact with other people** as much as possible except to seek medical care.
 - **Separate yourself from other people and animals** in your home.
 - **Call ahead** before visiting your doctor.
 - **Wear a facemask, cover your coughs and sneezes, and clean your hands often.**
 - **Avoid sharing personal household items.** Clean all “high-touch” surfaces every day.
 - **Seek prompt medical attention if your illness is worsening** (e.g., difficulty breathing). Before seeking care, call your healthcare provider and tell them that you may have, or are being evaluated for, the coronavirus. Put on a facemask before you enter the facility. Ask your healthcare provider to call the local or state health department.
- Persons who are placed under active monitoring or facilitated self-monitoring **should follow instructions provided by their local health department or occupational health professionals**, as appropriate.
 - **Patients with confirmed coronavirus should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low.** The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.
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